

Department of Psychology

Community Outreach

October 27th, 2025

ICFAI School of Social Sciences



Moral Reasoning Experiment & Mental Health Awareness Programme

Venue: Sri Gayathri School, Kollur

Date: 20 November 2025

The Department of Psychology conducted an enriching community outreach initiative at Sri Gayathri School, Kollur, featuring a hands-on Moral Reasoning Experiment Demonstration and an interactive Mental Health Awareness Session. The programme aimed to bridge academic learning with real-world application while fostering mental well-being among school students.



Third-semester B.Sc. Psychology students engaged 9th and 10th graders through age-appropriate moral dilemmas designed to enhance, Ethical & critical thinking Right–wrong decision-making, Analytical reasoning for university students, the activity provided practical exposure to field-based research, experiment administration, and participant engagement

The outreach included an interactive session covering:
Emotional understanding, Importance of mental health, Academic stress & coping strategies, Breathing techniques, Time management, Peer support & help-seeking, Students actively shared their concerns about academic pressure and exam anxiety, making the session immersive and relatable.



The Principal and teachers appreciated the initiative, noting that students benefited greatly from the sessions. They expressed interest in scheduling more such programmes to support adolescent well-being.



Key Learning Outcomes For University Students
Strengthened research & field-work skills
Improved, communication, leadership, and presentation abilities,
Understood ethical considerations in community-based research, Applied classroom concepts in real-world settings,
For School Students
Enhanced emotional awareness, Learned simple stress-management strategies,
Understood mental health fundamentals, Participated in reflective moral reasoning activities, Feedback from School



The outreach event successfully combined experiential learning, community engagement, and value-based education. It aligned with ICAFI School of Social Sciences' commitment to social responsibility and NAAC extension activities. The Department plans to continue promoting mental health and ethical reasoning among young learners through future collaborations.